

## **Jenny's Chili Recipe**

Here are the ingredients and my best estimate of the proportions. This recipe without the beans and tomato sauce also makes great taco filling, but I would add more cumin and paprika for tacos.

### **Brown:**

1 1/2 pounds ground beef

Drain the fat and discard

### **Add and simmer 10 minutes:**

1 1/2 tsp garlic powder

1 1/2 tsp onion powder

1 tsp chili powder

1 tsp ground cumin

1 tsp paprika

1 tsp salt (maybe a little more)

### **Add and simmer 10 minutes or more:**

one 15 oz? can tomato sauce (maybe more)

two 15oz? cans pinto beans

depending on the brand of tomato sauce, I sometimes add a little bit of lemon juice (1/2 tsp?) to boost the flavor.

**Taste it and add more spices if you want. This recipe is mild.**